Schedule of Events

3:00 PM to 4:00 PM Coaches Check in

Time	Running Events	Gender
4:00	100 Meter Hurdles	Girls
4:05	110 Meter Hurdles	Boys
4:20	100 Meter Dash	Girls
4:25	100 Meter Dash	Boys
4:35	1600 Meter Run	Girls
4:50	1600 Meter Run	Boys
5:05	400 Meter Relay	Girls
5:10	400 Meter Relay	Boys
5:20	400 Meter Dash	Girls
5:25	400 Meter Dash	Boys
5:35	300 Meter Hurdles	Girls
5:45	300 Meter Hurdles	Boys
5:55	800 Meter Run	Girls
6:05	800 Meter Run	Boys
6:15	200 Meter Dash	Girls
6:25	200 Meter Dash	Boys
6:35	3200 Meter Run	Girls
6:50	3200 Meter Run	Boys
7:05	1600 Meter Relay	Girls
7:15	1600 Meter Relay	Boys

Time	Field Events	Gender
3:30	Pole Vault	Boys
3:30	Discus	Girls
3:45	Shot Put	Boys
3:45	Long Jump	Boys
3:45	Long Jump	Girls
3:45	High Jump	Girls
4:00	Javelin	Boys
5:00	Triple Jump	Boys
5:00	Triple Jump	Girls
5:00	Discus	Boys
5:00	High Jump	Boys
5:00	Javelin	Girls
5:00	Shot Put	Girls
5:00	Pole Vault	Girls